

Разница между «Take it easy!» и «Calm down!»

Hello my friends! Do you know what is the difference between these two expressions «Take it easy» and «Calm down». In fact, these phrases are similar, but anyway in some situations it wouldn't be right to use one or another of them. So how to use them properly? Let's talk about it!

My friends, the phrase «take it easy» basically means «don't take it so hard». For example, if you see two people arguing and one of them is getting really emotional or even aggressive, you can hear from another man «Take it easy my friend!». If somebody shouts at you for some reason, you can also say «Take it easy! Stop yelling at me!». Here are some more examples:

Don't punish him for that! Take it easy!

Stop hitting him! Take it easy, man!

The expression «Calm down» is more related to a state of your being in psychological sense. It's better to use this phrase when you want to calm someone. If somebody is nervous or really frustrated, you can say «Calm down my friend! It's going to be OK». This expression is equal with «Relax», «Don't stress», «Don't worry» etc.

That's it my friends. Keep learning English and take care!